

# Uplands Junior School

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**Head Teacher:** Mrs S Webster-Smith

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Dear Parents



## TRICK BOX

Trick Box is an emotional management and personal development programme for Key Stages 1 and 2. The programme focuses on teaching 'tricks' to support and develop personal skills in the 4 area of Confidence, Calm, Communication and Creativity.

We have introduced this scheme at Uplands and all children are taught the tricks in a sequence over their 4 years with us.

We are once again offering parents the opportunity to purchase individual boxes of the 'tricks' which consist of small plastic cards which the children can refer to and keep as a reminder.

If you are interested and wish to order these trick box cards they are available to purchase on the PAY360 system in the Events section for £2.50 per box.

Yours sincerely

Mrs Webster-Smith  
Headteacher

